



Part#: 124429

Product: **Rear Adjustable Track Bar**

Application: **1997-2005 Jeep TJ**

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## READ AND UNDERSTAND ALL INSTRUCTIONS AND WARNINGS PRIOR TO INSTALLATION OF SYSTEM AND OPERATION OF VEHICLE.

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**SAFETY WARNING** BDS Suspension Co. recommends this system be installed by a professional technician. In addition to these instructions, professional knowledge of disassembly/ reassembly procedures and post installation checks must be known.

### INSTALLATION INSTRUCTIONS

1. Park the vehicle on a clean, flat surface and block the front wheels for safety.
2. Raise the rear of the vehicle and support with jack stands under the frame rails just ahead of the lower control arm mounts.
3. Remove the wheels. **Note:** This is not necessary but will make the removal/installation much easier.
4. Support the rear axle with a hydraulic jack.
5. Disconnect the rear track bar from the passenger's side frame mount just behind the coil spring. Retain hardware.
6. Lower the axle to gain access to the track bar mounting bolt at the axle.
7. Disconnect the track bar from the axle. Retain hardware.
8. Apply grease to and install the provided bushings and sleeves in the two track bar ends. The large ID sleeve goes in the short female threaded end.
9. Thread the provided jam nut on the male track bar end. Thread the male end into the track bar and adjust to desired length. Leave jam nut loose.
10. Install the adjustable end of the track bar in the axle bracket and fasten with the OE hardware. Leave hardware loose. Be sure to route the track bar the same as the OE was, up over the exhaust.
11. Install the wheels and lower the vehicle to the ground.
12. Bounce the rear of the vehicle to settle the suspension.
13. Install the frame end of the track bar into the original mount. Fasten with the OE hardware.
14. Torque the frame mount hardware to 30 ft-lbs and the axle mount hardware to 50 ft-lbs. Lock off the jam nut securely.
15. Check all hardware for proper torque.
16. Check all hardware after 500 miles and after any off-road use.