

Installation instructions

For set # 3.3190

1999-04 CHEVY / GMC

K1500 SILVERADO / SIERRA 4WD

ENERGY
SUSPENSION 

It is recommended that if you are unfamiliar with this type of work that you refer to a qualified service center specializing in this type of work. It is also recommended that if you choose to do this work yourself that a factory service manual be obtained for the proper procedures pertaining to removal, replacement and proper torque specifications for your vehicle. This instruction set is intended as a guideline for the safe installation of Energy Suspension's polyurethane bushings, once you have removed the factory components from your vehicle.

Parts list: Energy Suspension recommends that you read over all the installation instructions and check all P/N's and quantities in the parts list **before you start**.

- 4 - 3426 (upper bushing) (must reuse shell, inner sleeve and cap washers).
- 2 - 3375 (lower front bushing).
- 2 - 15.10.413.39 (lower front sleeve 1.00"O.D. x .640" I.D. x 2.950"LG).
- 2 - 3376 (lower rear bushing).
- 2 - 15.10.414.39 (lower rear sleeve 1.00"O.D. x .640" I.D. x 3.860"LG).
- 2 - 8319 (lower shock bushing, front casting side).
- 2 - 8320 (lower shock bushing, rear machine side).
- 2 - 15.10.524.39 (lower shock sleeve 1.00"O.D. X .563" I.D. X 1.340"LG).
- 4 - 15.07.25.40 (lock nut for lower control arm bolts 16mm X 2.00mm).
- 2 - 9.11107 (grease).
- 1 - 17440 (this instruction sheet).

Apply grease to all metal parts that will contact the polyurethane bushings.

