

# ***SumoSprings***

Suspension Enhancement  
**GMC P32 ~ P37 Chassis Motorhome (1993 - 2004)**  
**SumoSprings Part #SSR-290-54**



*SumoSprings jounce shown next to original equipment jounce.*



*SSR-290-54 installs over the center of the spring pack.*

## **Notes:**

*If OEM bumpstop is located inboard of the frame over the axle the SumoSprings can not be installed. Wheel on this chassis should be 19 1/2" in diameter.*

*If your motorhome has smaller wheels it is not a P32~P37.*

## **Installation Instructions**

- 1) Park vehicle on level hard surface. Engage emergency brake. Place blocks in front and behind the front wheels to prevent rolling. Observe all safety precautions and wear safety glasses.
- 2) Raise rear of vehicle allowing the axle to hang freely. Support the frame using safety jack stands.
- 3) Remove existing factory jounce bumper assembly from the frame.
- 4) Insert the stud on the end of the SumoSPring into the 3" x 1/2" urethane spacer.
- 5) Insert the stud into the hole in the frame where the factory jounce bumper was located. Install the supplied flat washer and nut on top of the stud and tighten securely.
- 6) Repeat steps three through five on the other side of the vehicle.
- 7) Jack up vehicle, remove safety jack stands.
- 8) Carefully lower vehicle to the hard surface. Remove the blocks in front and back of the front wheels.
- 9) Release emergency brake.
- 10) Fill out warranty card and send to SuperSprings. The warranty card is on the reverse side of this page.

### **Tool List**

- Floor Jack 1
- Jack Stands 2
- 13mm Socket/Wrench 1
- Ratchet 1
- Wheel Blocks 4

### **Parts List**

- SumoSPrings 2
- Urethane Spacer 2
- 5/16" Washer 2
- M8 Nuts 2

### **Important Notice.**

- 1) For easy installation please read instructions completely first and have all necessary tools available.
- 2) We recommend that this installation be done by a professional or persons with sound mechanical knowledge.
- 3) SumoSPrings are designed to work with the original factory [springs](#) only.
- 4) These instructions are meant as a guide for the installation of SumoSPrings. SuperSprings International assumes no liability for the actual installation process. Installers should apply common automotive safety practices when raising, lowering and working on vehicles.
- 5) SumoSPrings are designed to enhance the vehicles load carrying performance and road handling however it does not authorize (or recommend) loading beyond the manufacturer's GVWR specifications.

***To prevent damage to the vehicle and to ensure safety, do not exceed the maximum load recommended by the vehicles manufacturer (GVWR).***